



Sub Committee for Performing Arts
Faculty of Humanities and Social Sciences Curriculum Development

Name of the Institute: Symbiosis School for Liberal Arts (SSLA)

Course Name: Uday Shankar Style of Creative

(UG/PG): UG

Number of Credits: 4 (60 hours)

Level: 4

Course Description

Uday Shankar created a new genre in Indian dance – the genre of Creative Dance. In Uday Shankar’s own words, “I found out with my experiences of the past, that the root of all dances of the world is the body and the mind, and the past cultural heritage of the nations...I worked out a method of my own. This is to prepare the mind and the body and to make the body an effective instrument before taking up any kind of dance of the world...It starts with walking – just walking, and through this method of mine, some problems are created, and then one starts feeling that he has never known his body before. As he goes on, after few months, he realizes how wonderful his body is, and (that) this can create thousands of patterns, and for the first time he starts to know that he has limbs which are beautiful when they work with the mind.”

This paper will enable students to identify different rhythms, and instill in them a sense of discipline, concentration, alertness and a sense of space. Students will learn to harness their

imagination generated through their creativity, various themes based on the Uday Shankar Style of Creative Dance. It will also develop in the students, a sense of team spirit as they will be working towards a common production. The course will also outline and teach the students the basics of choreography.