



Course Description for Dance / Paper – 4 / Bharatnatyam

Name of the Institute: Symbiosis School for Liberal Arts (SSLA)

Course Name: DANCE / Paper – 4 / Bharatnatyam

(UG/PG): UG / Semester 6/ TY

Number of Credits: 4

Level: 3

Course Description:

The Indian classical dance form – Bharatnatyam, by itself is an extremely scholarly, intricate and ancient dance form. Popular all over the world, it helps keep the body and mind, healthy and fit. This course is designed with the objective of helping the students develop their abilities to interpret and appreciate the art form and enable them to operate and perform as artists. The course involves sketching the evolution of this ancient art form, discovering technical skills of the dance form, enabling the students to relate to the terminologies, methods, classifications and trends of this 5000 year old classical dance form, interpreting this knowledge, and applying it to choreography. There will be interactive class discussions on every concept since the class size is small. The instructor will use articles, news clipping, videos, etc. to further explain concepts i.e. enable a practical understanding of the concepts.

The course covers a variety of topics including the history of Bharatnatyam, mythological aspects, and their impact on the dance form, movements, pattern of beats, therapeutic use of Bharatnatyam, etc.